

LPC Professional Disclosure Statement
Kasandra Wheeler, M.Ed, LPC
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Qualifications

I received a Master of Education degree in the area of Clinical Mental Health Counseling in 2011 from Springfield College. I currently hold the title of License Professional Counselor (LPC) license number 10539 issued by the, North Carolina Board of Licensed Professional Counselors. I have been working in the clinical mental health counseling field for 8 years.

Counseling Background

I am experienced in working with a variety of populations including children, adolescents, adults, and seniors within the framework of individual, family, couples, and group therapy. My work experience has included treatment to address substance use, trauma, behavioral issues, dual diagnosis, depression, anxiety, parenting concerns, relationship issues, veteran related issues as well as physical and sexual abuse victims. My counseling approach utilizes cognitive behavioral, psychodynamic, dialectical behavior therapy, behavioral therapy, and acceptance and commitment therapy techniques tailored to meet the needs of individual clients based on their diagnosis. I continually assess the effectiveness of treatment with my clients and address as needed. I also attend continuing education certifications in order to continue to develop my clinical skills.

Fees and Length of Service

Client sessions are \$120 for initial session and \$100 for follow-up sessions if you are paying out of pocket. Sessions are approximately 45 to 60 minutes long. Insurance verification will be completed prior to beginning services however insurance quotes are not a guarantee of payment. It is the client's responsibility to update our office if there is a change in insurance. Credit card, debit, or cash are acceptable for payment at the time services are rendered. You will be responsible for deductible and co-payments according to your insurance plan at the time services are rendered. Claims will be filed by my office for insurance companies that Kasandra Wheeler PLLC is in-network with. In rare instances where phone calls are conducted between sessions Kasandra Wheeler, PLLC will charge for a prorated session (\$25 per each 15 minute increment). In the event that Kasandra Wheeler, PLLC is called to court the same prorated charges will apply.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require that a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Professional Counselors
P.O. Box 77819

Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblpc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____